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# Maxwell Quick Medical Reference



## **Synopsis**

A valuable resource for any health professional, the Maxwell Quick Medical Reference packs essential information used in everyday clinical practice. Color-coded pages group the information by topic and make it easily accessible while heavy cardstock paper and plastic spiral binding make the book durable day in and day out. Pocket size allows it to go anywhere - the wards, E.R., O.R., clinic - even the library or lab. Browse through the online copy at [maxwellbooks.com](http://maxwellbooks.com) and see what's included. This inexpensive small text can save you time at work and make you look good in the process!

## **Book Information**

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## **Customer Reviews**

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Since the description doesn't really tell you what you get, and since the list on the cover is not comprehensive.... I thought I would list it in my review. This handy little book measures 14x9cm (5.5x3.5 inches) if you include the spiral. Easily fits into any shirt pocket... even if you are not

wearing a whitecoat. Sturdy cardstock pages, but still weighs almost nothing. Contents: Common ECG rhythms, Waveform measurement typical values, Cardiopulmonary values, 12 lead axis chart with deviations, ACLS algorithms, ACLS Cardiac Arrest for V.fib, , asystole, ACLS Post Cardiac Arrest Care, Acute coronary syndromes, adult bradycardia, adult tachy, suspected stroke, Canadian Neuro Scale, NIH Stroke Scale, Lab Values for Heme, Chemistries, blood gases, urine, toxicology, cs, synovial, endocrine, Serum drug levels (therapeutic and toxic) for many common drugs. Daily Body Fluids with electrolyte and volume, Ascitic and pleural fluids, Replacement Fluids, Helpful equations (anion gap, fractional Na excretion, etc.), Phlebotomy tube color codes, Unit conversions, Form guides for Admit/Transfer orders, On Service, Progress, Discharge, Pre-Op, Op, Post Op, Procedure, Delivery, Postpartum, Apgar Scoring, Estimate Delivery Date, Glucose Tolerance Values, Developmental Milestones 2mos to 4 years (quick ref. only), Immunization Schedule, Form guide for H & P and Neuro, MMSE, Glasgow Coma Scale, Dermatome Map, 6 Blank pages, Symbol and Letter Snellen Ruler (1-5 inches and 1-13 cm)

Maxwells is great in the beginning when you're just learning the ropes and need refreshers on some of the stuff you learned back in 2nd year. It becomes a bit obsolete as the year goes on. That being said, even as a fourth year, I still refer to it occasionally. Other must-haves for rotations include: 1) UCSF Hospitalist Handbook - the info is a bit more practical and step-by-step than Pocket Medicine. You can get the iPhone/Android version for cheaper through AgileMD). Because it gives way more tangible, practical diagnostic and management steps than the Red/Green book, all my residents would be super surprised at how much more "mature" and "relevant" my diagnostic and management plans were in my presentations. They thought I was a genius and further along than most of my classmates... (and I wasn't too keen on letting them know where most of that genius was coming from :)) 2) Sanford Guide (microbio) - this is really the best book for any microbio you'll need on the wards. You'll look like you actually paid attention during microbio with this book. The type is very small and the paper quality sucks. can be a bit slow to navigate through. You can look stuff up by organism or condition, and it has a spectrum of bacteria sensitive to each antibiotic. 3) Tarascons (pharm) - It is far and away the fastest way to get your hands on dosage, forms available, and pricing data. I can't tell you how much of a superstar you'll look like if you actually are talking about dosing as a medical student. This is not something any med students are familiar with. That alone makes this book worth it. Color tabs have made it easier to navigate through. Some of the older drugs are gone. The tables are awesome. 4) Download medscape for general reference questions here n' there. Personally, I like it more than epocrates... and it's free. 5) Netflix- for call-nights and

unwinding when you actually get a day off! True Detective is a phenomenal series.

This was given to me by a PA that went through the same program as I was about to start and it has been an invaluable reference. I purchased a number of additional copies and have given them to classmates as gifts. This has the essential items for general medicine- labs, orders, H+P, ROS, postop notes, ACLS, but not info about specific medical problems, which I have the Tarascon pocket guides for. Key to me is that this does in fact fit in a white coat pocket and allows you to sit down comfortably without poking you like the Practitioner's Pocket Pal. The text is small but well printed and legible.

I'm a medical student and I can't tell you how many times it has come in handy on my rotations when I need to quickly reference something. It's great because it fits in my white coat pocket and doesn't take up too much room. The only problem I have is that the text is so small it really have to read it up close and before I was familiar with where things were in the book it took me a while to find what I was looking for because the text is so small. Although I prefer the small text in a book that fits in my pocket compared to the larger version that is more of a hassle to bring around the hospital. Would definitely recommend to medical students that are starting rotations!

This is great, don't get me wrong - I have used it every day since I got it because even for things I know (such as lab values) I always like to check. I wish it had more. I can't expect too much from a pocket guide, but I wish there was more about wave forms/ECG analysis because for those rarely seen rhythms I like to have a more detailed pocket guide. With that being said, there is blank space in the back I have already used to remember, for example, S1Q3T3 for P.E. and other little tidbits that I rarely see but like to have easy access to when they do come through. I certainly have no regrets with the purchase.

This is my second book! I would recommend this to any new NP, MD, or even bedside nurses! It is the perfect quick reference for emergencies and common assessments. I also love how the last few pages are blank and i have added my own notes of drug antidotes, gtt titrations, etc. I bought one of these for my friend who is a bedside nurse and now all the bedside nurses on her unit are buying them too! A great reference!

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